



SCRIVEN PARK PRE-SCHOOL

The Bungalow
Meadowside Primary School
Knaresborough
North Yorkshire
HG5 0SL
Tel: 01423 313138
Charity No: 1139033

26th September 2019

Dear Parents and carers

We always try to provide balanced and nutritional snacks and this has been mentioned in past Ofsted reports.

It has been brought to our attention that putting jam on toast is not good practice due to the sugar content.

It has been decided that we will stop using jam and now only have low fat spread on toast.

Please find below the list of snacks that we are now going to provide.

If any parent has any problem with what we offer please come and see me and we can make sure your child does not have it.

SNACKS WE ARE HAVING

Wholemeal bread (low in salt) for toast with low fat spread

Weetabix/rice crispies (low in sugar)

Fruit (oranges, red apples, bananas)

Vegetables (peppers, cucumber, carrots)

Rice cakes/bread sticks

There are times when it is a child's birthday that a parent wants to bring in a cake to help celebrate. If again you do not want your child to have this then please come and tell me.

To help children challenge themselves and grow in confidence, we reward a child when they have done something really good. We have found that this works really well in our setting. When they get 10 stickers on their chart they get a prize of small toy and a small bag of sweets.

If you would not like your child to receive the sweets please again come and tell me and we can make sure they don't get any.

If anyone has any concerns or questions, please come and see me.

Yours sincerely

Sue Atkinson

Manager